**NSS: NATIONAL SERVICE SCHEME** 

Program Officer and Faculty Convenor: Dr Pragati Gautam

On 24th February "Benevolence Blood Donation Camp" was organised in the college by Blood Connect and we witnessed active participation of a large number of students. The NSS KNC session for the year 2015-16 began with the celebration of yoga day on 21st June 2015. The event was held from 7a.m. to 9 a.m. in the college premises. Instructors were invited to guide the volunteers in basic yoga and meditation. This was followed by providing the volunteers with refreshments consisting of bananas, milk and biscuits. The volunteers were awarded 5 hours and a certificate for their participation. With the beginning of new admissions, ECA trials were organised on 25 June 2015 i.e. Monday at 10 a.m. We received three applicants for admission via NSS. After form screening and interview of applicants, Ayushi Paul was selected for admission. After the trials a brief meeting was held to discuss the agenda for the upcoming session and two themes were decided as the focus of all our activities. The themes were: 'Environment protection' and 'Women empowerment'.

On 15 July 2015 the next meeting for the session was held; the plan of action was decided. NGOs to be associated with college were finalised and it was decided that NSS will go off paper. In this new initiative, volunteer registration for NSS was shifted online using Google forms. All information was spread using social media like Facebook page and the college website to avoid wastage of paper through posters. The Freshers were introduced to the motto of NSS during the college orientation on 22 July 2015 and were invited for a detailed orientation with the NSS team on 25 July 2015 in the college auditorium. The Orientation was conducted between 12-1:30 p.m. and saw the attendance of several NGOs like AADI, Jagoo Teens, Chetna etc. Each was accompanied by a representative to give a brief introduction to the students about their respective NGO. On 27 July 2015, Elections were conducted for the already existing members of the NSS for the posts of President, Vice president, Student Relations head, Editorial head and Organisational Secretary. On 30 July 2015, Interviews were conducted in the NSS team for the following mentioned posts- PR Head, Media Head, Creative Head, General Secretary and Project Head.

NSS opened registrations of students with several listed NGOs from 1<sup>st</sup> -7<sup>th</sup> August 2015 between 10 a.m.-3 p.m. This saw an incredible response, with many students registering as volunteers. The first official meeting with the new NSS team was conducted on 8<sup>th</sup> August 2015 and the distribution of work was decided. The meeting concluded with the decision of sending out the volunteers to work with NGOs. On 25 August 2015, Pratyek NGO organized the 'Nine is Mine campaign' in the JLN stadium from 7:30 a.m. - 6:30 p.m. This saw the participation of 75 Volunteers from KNC. The NGO, *Nine is Mine* works towards the goal of providing 9% of the total GDP to child education and healthcare. The NGO partnered with UNICEF and UN in the organisation of the event. The volunteers were awarded 15 hours and certificates, along with refreshments arranged by the NGO in the event premises.

The final dates for the Eye-Care Camp and Adrith (NGO Diwali Mela) were decided in the meeting conducted on 15 September 2015. An eye care camp was organized in the college in association with

vision eye-center. The camp was a three-day event on 17<sup>th</sup>, 18<sup>th</sup>, and 19<sup>th</sup> September. The camp included a lecture on eye health and free checkups for all students, teaching-staff and non-teaching staff members of the college. WDC and NSS jointly conducted workshop on 29<sup>th</sup> Sept. which was initiated by an organisation called HopeInU in collaboration with CrowdGuard from Zurich which aims at raising consciousness among the youth on the concept of safety issues in public places. It was attended by 55 students from across disciplines and they eagerly participated on the factors which restrict public participation in case of emergencies.

Adrith was organised on 5<sup>th</sup> November 2015 with the same level of enthusiasm as every year. It saw the putting up of stalls by a number of NGOs like Enactus- CVS, Umeed, Save the Quest, CRY, Parivartan and many more. The stalls put-up by several NGOs were used to propagate their ideologies and to sensitise the young attendee crowd towards several issues. Several food-stalls and gaming stalls were also set up to make it a delightful experience for the crowd. The Diwali Mela had performances by the various societies of Kamala Nehru College like Lakshya (theatre society), Enigma (Western dance society), Glitz (fashion society) and Nupur (Indian dance society). The mega star moments of the day were the performances by the TV actor, Gaurav Gera and AAWAZ (a musical band). The annual magazine, LINGUISHITA was published. This time, keeping with our aim of going green, we launched it as an Emagazine. The Diwali mela was a grand-event witnessing the participation of over 2000 students from different colleges in Delhi.

NGO Partners 2015:

CRY: Child rights and education

Parivartan: Individuals with mental disability

Swecha: Environment cleanliness

Bhumi: Environment and child education

Chetna: Child rights and education

Aadi: Education and training for differently-abled

Save The Quest: Education for children and differently-abled

Rhythm Of Life: Child education and vocational training

Jaago Teens: Internet safety

Umeed: Child education

Badlaav: Domestic and sexual abuse victims

Clothes Box Foundation: Clothes and necessities for disaster struck

9 People 4 Change: Education, women's development

Gavaksh: Education for underprivileged children

Wordsworth: English training through poems for underprivileged

Friendecos: Animal shelter

Convener: Dr Sarita Sharma

Events conducted by NSS between January – June, 2016:

BLOOD DONATION CAMPin collaboration with BLOOD CONNECT

## 11th March, 2016

Our NSS teamis extremely particular about conducting a blood donation camp annually. With the motto of helping those in need, this event is also fuelled by the increasing participation of college students and even outsiders. The growing number of blood donors is what drives us to conduct such camps every year. Our recent blood donation camp was successful as well. Our team collaborated with BLOODCONNECT, a youth organisation which started just as a blood helpline but now provides a 360 degree solution to the shortage of blood in the country. Their team, comprising of Student volunteers and doctors, came to our college with allequipments. It was a 5-hour camp-event and saw the participation of over 150 donors who left the camp with a sense of worth after donating blood to save a life!

## INTERNATIONAL YOGA DAY EVENT

## 21st June. 2016

Following the International Yoga Day celebrations all around the world, the NSS and the NCC had jointly organised the event. KNC witnessed about 70-80 student participants who gathered in college premises at around 6:45 a.m. The instructor was arranged by the NCC unit of the college. The schedule directed by the government of India was strictly followed by the instructor and the students. After allotting the participants their respective places, the event began at 7 a.m. All the participants did their 'Asanas' with a lot of cheerfulness and enthusiasm. The event went on for an hour and was over by 8 a.m. After the event, the students were thanked for their participation and cooperation which was followed by refreshments. Each volunteer was given 2 hours of attendance for participating in the event.